

DLI for Commonly Grown Vegetables (Daily Light Integral)

Vegetable Seedlings (Indoors): 10-15mol/m²/d

<u>PLANT</u>	<u>DLI</u>	<u>LIGHT (Hours)</u>
Arugula	15-20	12-14
Basil	15-25	14-18
Bok Choy	10-12	6-10
Broccoli	15-35	14-18
Buttercrunch Lettuce	14-17	12-14
Cantelope	25-30	14-18
Capsicum	20-30	12-16
Catnip	9-15	8-10
Cauliflower	9-15	8-10
Chamomile	10-16	6-10
Chervil	10-16	6-10
Chickory	10-16	8-14
Chives	15-20	12-14
Cilantro	15-20	12-14
Coriander	15-20	12-14
Cucumber	20-30	14-16
Cuttings (Herbs)	8-10	8-10
Dill	10-20	12-14
Eggplant	20-30	12-16
Garlic	15-25	12-14
Honey Dew	25-30	14-18

<u>PLANT</u>	<u>DLI</u>	<u>LIGHT DURATION</u>
Lavender	15-25	12-14
Leafy Greens	12+	12-14
Lemon Balm	10-20	12-14
Mint	10-16	8-12
Oregano	15-20	12-14
Parsley	10-16	8-12
Pea	9-11	8-10
Peppers	30-40	14-18
Pumpkin	25-35	14-18
Rosemary	10-16	8-12
Sage	10-16	8-12
Seedlings (Mature)	10-15	8-12
Seedlings (New)	6-10	6-8
Seedlings (Tomato)	20-25	14-18
Spearmint	10-20	8-14
Spinach	15-17	12-14
Squash	25-30	14-18
Swiss Chard	14-16	12-14
Thyme	10-20	12-14
Tomato	22-30	14-18
Watercress	14-25	12-16
Watermelon	25-30	14-18
Zucchini	25-30	14-18